Importance of interdisciplinary teamwork in health care.

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Interdisciplinary teamwork…

Why is so important in the health care context??

www.utekko.com/sfryyTeamworkProject
Clinicians face the complexities of current patient care:

- Aging population
- Rising incidence and prevalence of chronic diseases
- Patient care
- Awareness of oral-systemic connections
- Patient lack of access to basic health services

**Why?**

Hall, Pippa & Weaver, Lynda. Interdisciplinary education and teamwork: a long and winding road. Medical Education 2001; 35: 867-875

**What does it implies in health?**

The increasing complexity of knowledge and skills required to provide comprehensive care to these patients has resulted in increasing specialization within the health professions.

Although this specialization allows for in-depth exploration of issues by a specific discipline, it means that no one health professional can meet all the complex needs of these patients.

Mariano, C. The case for interdisciplinary collaboration. Nurs Outlook 1999; 37

So...we need to work together!

What is a “real” teamwork?

docencia-temasavanzadodeaprendizaje.blogspot.com/
Interdisciplinary health care teams.....

Members from many professions working together, collaborating and communicating closely to optimize patient care.

Vital concepts

- Sharing the burden of care
- Understanding equality in responsibilities and reciprocity.
- Sharing a common goal
- Trusting team members
Our challenge...

Educate our health students into a **REAL** multidisciplinary context.

Interdisciplinary education must address...

- Role blurring
- Group skills
- Communication skills
- Conflict resolution skills
- Leadership skills
Tec de Monterrey Health Team

Physician (MC’1976)

Biomedical Engineer (IMD’2003)

Nutrition and wellness (LNB’2004)

Nursing (LCE’2006)

Health Systems Administrator (LAS’2007)

AdPhD Program

Medical and Surgical Dentist (MO’2008)

Patient, community and family

The city of Mountains.